KRINANTHI E. GDONTELI, Ph.D. Postdoc ASSISTANT PROFESSOR UNIVERSITY OF PELOPONNESE

CURRICULUM VITAE

PERSONAL DATA

Surname: Gdonteli Name: Krinanthi

Father's name: Evangelos

Assistant Professor, Department of Sports Organization and Management, University

of Peloponnese, Sparta, Greece.

Place of birth: Mytilini – Greece

Date of birth: 16/8/1969

Home address: Patroklou 21, Voula, 16673-Athens, Greece

Tel.: +30 210 9659446, Mob.: +30 6945 541962

e-mail: kgdonteli@gmail.com kgdonteli@uop.gr

EDUCATION

1989: Degree in music and harmony from the Greek conservatory

1990: Adequacy in teaching music

1991: Bachelor in Physical Education and Sport Science of the National and Kapodistrian University of Athens.

1991: Specialty in traditional Greek dances of the National and Kapodistrian University of Athens.

1992: Degree in music instrument (piano).

2010: Ph.D. In the University of Peloponnese, Department of Sport Management. Title: "Psychological characteristics of university sport intramural participants and the relationship with service quality".

https://www.didaktorika.gr/eadd/browse?type=author&order=ASC&sort_by=2&rpp=90&value=Gdonteli%2C+Krinanthi

2017-2018: Post-Doctoral researcher, University of Peloponnese, Department of Sport Management. Title: "Public organizations' evaluation: an exploration of municipal sports services of the Attica region".

LANGUAGES

Fluent in teaching in English

TEACHING EXPERIENCE

2020-present: Assistant Professor, Department of Sports Organization and Management, University of Peloponnese, Sparta, Greece.

Courses: Management Principals, Human Resource Management, Total Quality Management, Management of Educational Institutions.

2020-present: Master Degree Programs

A) Organization and Management of Sports Activities for People with Disabilities

Courses: Mass media/Public relations in sports for the disabled, Total Quality Management in the Provision of Services for the Disabled, Designing Programs in Adapted Physical Education

B) Modern Sports Communication, Journalism and Photojournalism in the course:

Course: Categorization of sports

2018-2019: Instructor of "Sports Psychology" and "Sports Management" at the Coaching School of the Greek Chess Federation (General Secretariat of Sports).

2016-2019: Physical Education Instructor in the Hellenic Naval Academy

2012-2019: Instructor of the courses "Sport Management" "Sport Psychology", "Statistical Applications in Sport Sciences", "Approaches to Pedagogical Intervention", "Analytical Approach to Learning", "Kinetic Learning and Cognitive Process", "Experimental - Applied Sport Psychology", "Project Personnel", "Practice", "Marketing in Hospitality" and "Research Project" in City Unity College.

2008- 2019: Instructor of the courses "Student Development", "Psychology of Adjustment" "Applied Sports Psychology", "Psychology of Crew Management", "Leadership and Team Work" και "Specialized Sport Activities, Part I & II", in "New York College".

2005-2016: Physical Education Instructor in the Hellenic Military Academy.

2008-2009: Student Gym of the "Athens School of Fine Arts", Physical Education Instructor.

2004-2008: Student Gym of the "Athens Polytechnic University" and "Athens School of Fine Arts", Physical Education Instructor.

1996-2003: Student Gym of the "Panteion University", Physical Education Instructor.

- 1993-1994: Greek-German Privet School, Physical Education Instructor and Music Teacher.
- 1991-1992: Municipality of Palaio Faliro, Physical Education Instructor.
- 1990-1997: Piano teacher in Greek Conservatory "Mousiki Spoudi".
- 1989-1991: Athens College, Physical Education Instructor.
- 1988-1989: Municipality of Athens, Physical Education Instructor.

MANAGERIAL EXPIRIENCE

- 2018 2019: Consultant in the organization and management of the sports departments of the Panionios Gymnastikos Syllogos Smyrnis (Panionios Gymnastics Association of Smyrna)
- 1999-2019: Director of Athletics, New York College.

2003-2004: Director of the Youth and Sport Organization in Nea Smyrni Municipality.

PUBLICATIONS

- 1.Gavriilidis, A., Skordilis, M., Spartali, I. & **Gdonteli, K.** (2005). The effect of a goal setting program on basketball skills and self-efficacy of adolescents. *International Journal of Fitness*, *1*, 61-75
- 2.**Gdonteli, K.,** Mudakis, K., Konstantinakos, P., & Gavriilidis, A. (2008). Past Future: Arts, Sport and Science in Ancient Sparta of the Third Millennium In R. Iembo & P. Konstsntinakos (Ed.), *Examining Sport Motivation in University Sport Intramural Participation* (pp. 51-60), Rome: Aracne
- 3.**Gdonteli, K.,** & Mudakis, K. (2009). Examining Sport Commitment in University Sport Intramural Participation. *Physical Education, Sports, and Health, 22 & 23, 1-14.*
- 4.**Gdonteli, K.,** Mudakis, K., & Gavriilidis, A. (2010). Self-Determination and Sport Commitment: An evaluation by University Sport Intramural Participants, *International Journal of Fitness*, 6(1), 41-52.
- 5.Savvatis, P., Gavriilidis, A., Psychoundaki, M., Apostolodis, N., & **Gdonteli, K.** (2010). The effect of various goal setting methods in the technical skills improvement of young basketball players. Physical Education, Sports, and Health, 24, 45-58.
- 6.Savvatis, P., Gavriilidis, A., Psychoundaki, M., Apostolodis, N., & **Gdonteli, K.** (2010). Influence of different methods in goal setting among young basketball players. *Sports Psychology*, 20, 16-26.
- 7.**Gdonteli, K.,** Mountakis, K., & Gavriilidis, A., (2011). Psychological constraints in Academic Sports and the Relationship with Service Quality. *Biology of Exercise*, 7(2), 35-48.
- 8. **Gdonteli, K.,** & Karamaroudis, A. (2013). Stress management in modern

- environment of the Armed Forces. *Sport Science and Armed Forces*, 1 (1), 52-54.
- 9.**Gdonteli, K.** (2013). Is Intensity or Duration the Key Factor in March Training *Sport Science and Armed Forces 1* (2), 36-46
- 10.**Gdonteli, K.** (2013). Stress and Psychological Counselling. *Sport Science and Armed Forces*, 1 (3), 24-35.
- 11.**Gdonteli, K.,** & Gavriilidis A. (2014). An Explanation on a Prediction Level of Sport Commitment from Motivation, Constraints and Service Quality in Academic Sports. *International Journal of Sport Management*, 15(2), 172-192.
- 12.**Gdonteli, K.** (2014). Causes Behind Stress-Related Anterior Lower Leg Pain. *Sport Science and Armed Forces*, 2 (1), 55-56
- 13. **Gdonteli, K.** (2014). Burn out among Armed Forces Personnel. *Sport Science and Armed Forces*, 2 (2), 21-31
- 14. **Gdonteli, K.** (2015). Post Traumatic Stress Disorder in the Armed Forces Environment. *Sport Science and Armed Forces*, , *3* (1), 24-33
- 15. **Gdonteli, K.** (2015). Investigation of the Obstacle Course Performance at the Hellenic Military Academy. *Journal of Physical Education and Sport, 15* (2), 305-309 DOI: 10.7752/jpes.2015.02046
- 16. **Gdonteli, K.** (2015). The Role of Self-Esteem in Armed Forces. *Sport Science and Armed Forces*, *3* (2), 26-36
- 17. **Gdonteli, K.** (2016). Burn out among Armed Forces Personnel, Military Review, *1*, 124-137(*Hellenic Army General Staff Eds*)
- 18. **Gdonteli, K.** (2016). Leadership in the Armed Forces: The Role of Physical Education. *Sport Science and Armed Forces*, 4 (1), 7-15.
- 19. **Gdonteli, K.** (2016). Team Cohesion in the Armed Forces and the Role of Physical Education. *Sport Science and Armed Forces*, 4(2), 19-27.
- 20. Makropoulos, A., **Gdonteli, K.,** Perrea, A., & Kipreos, G. (2017). Risk taking tendency: An investigation of amateur athletes in mountain and road races. International Journal of Physical Education, Sports and Health, 4 (1), 212-216. P-ISSN: 2394-1685 | E-ISSN: 2394-1693 | CODEN: IJPEJB, Impact Factor: Impact Factor (RJIF): 5.38
- 21.**Gdonteli, K.** (2017). Touching the limits: Extreme sports in G. Kypreos (Eds.). Constraints in recreational and extreme sports. (pp. 55-65), Athens: Disigma
- 22. Douka, A., Nikolopoulos, A. & **Gdonteli, K.** (2017). Investigation of amotivation in a pilot swimming programme in public school. *Physical Education, Sports and Health, 32*.
- 23. **Gdonteli, K.,** & Kipreos, G. (2018). Public organizations' evaluation: an investigation of municipal sports services in the region of Attica, Greece. International Journal of Physical Education, Sports and Health, 5(5), 108-112. P-ISSN: 2394-1685 E-ISSN: 2394-1693 Impact Factor (ISRA): 5.38 IJPESH 2018; 5(5): 108-112 © 2018 IJPESH www.kheljournal.com, Received: 21-07-2018, Accepted: 24-08-2018
- 24. Athanasopoulou, P., & **Gdonteli, K.** (2020). Sport Motivation in Outdoor Sport Participants. Strategic Innovative Marketing and Tourism, Springer Proceedings in Business and Economics, 601-608 https://doi.org/10.1007/978-3-030-36126-6_67
- 25. Gdonteli, K., Konstantoglou, M., & Magoutas, A. (Eds) (2020). Service Quality

- In Leisure, Events, Tourism, and Sports. Athens: Propombos publications
- 26. **Gdonteli, K.** (2020). E-Sports in Olympic Games: A global trend and prospects. International Sports Law Review Pandektis (ISLR/Pandektis), Vol. 13: 1-2. ISBN: 978-154-63-47156
- 27. Gavrielidis, G., & **Gdonteli, K.** (2020). Issues of Personal Civil Liability of the board of Directors of Sport-Related Entities in Greece. International Sports Law Review Pandektis (ISLR/Pandektis), Vol. 13: 1-2. ISBN: 978-154-63-47156
- 28. **Gdonteli, K.,** Antonopoulou, P., Travlos, A. & Kipreos, G. (2020). *Esports in Greece: Amateur participants' constraints in a leading Esport event in Greece.* EURAM 2020. ISSN 2466-7498 ISBN 978-2-9602195-2-4
- 29. Korkidi, M., Antonopoulou, P., Oikonomou, V., Pantazi, D., Kaprinis, S., **Gdonteli, K.,** & Kipreos, G. (2020). Public Libraries policies for promoting physical activity and public health. *Journal of Modern Education Review, 10* (11), 982-994

 ISSN 2155-7993, USA
 Doi: 10.15341/jmer(2155-7993)/11.10.2020/002
- 30. A. Zorzou & K. **Gdonteli** (2022, in press). "The Identity of sports spectators in Greece". Best papers from the Managing Sport SIG at the European Academy of Management (EURAM) virtual Annual Meeting 2021" special issue. *International Journal of the European Academy of Sport, Business*,

International Journal of the European Academy of Sport, Business Management. (SBM-09-2021-0115)

- 31. Damianou, E., **Gdonteli, K.,** Kakkos, V., Pandazi, D., & Kipreos, G. (2022). Authentic leadership in relation to the five model of personality: a study in school principals in Greece. *Universal Journal of Management, Vol 10, No 2*, 27-37. DOI: 10.13189/ujm.2022.100201
- 32. Zorzou, A., & **Gdonteli, K.** (2022). The Identity of sports spectators in Greece. Universal Journal of Management, 10 (3), 39-49. DOI: 10.13189/ujm.2022.100XXX.
- 33. Damianou, E., Vrontou, O., Kakkos, V., **Gdonteli, K.,** Pantazi, D., & Kipreos, G. (2023). The demographic profile of school principals in Greece in relation to their personality and authentic leadership. *Universal Journal of Management 11(1)*: 1-15. DOI: 10.13189/ujm.2023.110101
- 34. Troupkou, A., & **Gdonteli K.** (2023). Exploring Teacher's Views and Perceptions of Students with Non-Visible Disabilities. *European Journal of Special Education Research*, *9* (2), 122-140. DOI: http://dx.doi.org/10.46827/ejse.v9i2.4848

PAPERS IN INTERNATIONAL CONFERENCE PROCEEDINGS

- 2022 Gdonteli, K. & Athanasopoulou, P. (2022). "Effects of Service Quality on Live Spectators' Constraints in a Mega Esports Event". 10th International Conference on Contemporary Marketing Issues, Naxos, Greece, 8-10 July 2022, p.339-343. ISBN: 978-960-243-730-8
- 2022 Athansopoulou, P., Gdonteli, K., & Giovanis, A.N. (2022). Service attributes affecting football fans' satisfaction evidence from online review comments on

social media. 10th International Conference on Contemporary Marketing Issues, Naxos, Greece, 8-10 July 2022, p. 334-338. ISBN: 978-960-243-730-8

2021 Zorzou, A., & Gdonteli, K. (2021). The Identity of sports spectators in Greece. EURAM 2021 Reshaping capitalism for a sustainable world. Online Annual Conference, in collaboration with UQAM-ESG (Canada, Montreal), 16 – 18 June, p. 159. ISSN 2466-7498 and ISBN 978-2-9602195-3-1

2021 Zorzou A., Zorzou I., Gdonteli K., Bebetsos E., Laios A. (2021). «Who is the Greek Football match fan? ». In 29th International Congress on Physical Education & Sport Science. DPESS-Duth 14 - 16 May. pp. 295-299. ISSN 2585-2884.

2021 Gdonteli, K., Gavriilidou, E., & Chatzigianni, E. (2021). "Application of Smart Working in Sports Organizations after the Spread of the Pandemic". 29th International Congress of Physical Education and Sport Science, www.icpess.gr pp. 289-293. ISSN 2585-2884.

2020 Gdonteli, K., Antonopoulou, P., Travlos, A. & Kipreos, G. (2020). Esports in Greece: Amateur participants' constraints in a leading Esport event in Greece. EURAM 2020. Online Conference, 4-6 December. Trinity Business School, Dublin, Ireland. ISSN 2466-7498 ISBN 978-2-9602195-2-4

2020 Athanasopoulou, P., & Gdonteli, K. (2020). "Sport Motivation in Outdoor Sport Participants. Strategic Innovative Marketing and Tourism", Springer Proceedings in Business and Economics, 601-608 https://doi.org/10.1007/978-3-030-36126-6_67

2010 Douka, A., Gdonteli, K., Grammatopoulou, E., & Koutsouki, D. (2010). Body Image and Body Cathexis of the Greek Elite Female Athletes in Aesthetic Sports. World Conference in Psychology, Counseling and Guidance. Antalya, Turkey. 22-25 April 2010 ISBN: 9781627488709

2007 Gdonteli, K., Mudakis, K., Avgerinou, V., Stergioulas, A., & Gavriilidis, A. (2007). Sport Motivation and Commitment: An evaluation by University intramural participants. 12th European Congress of Sport Psychology (FEPSAC) Chalkidiki, Greece. September 2007 (p. 362) ISBN: 978-960-89923-0-6

CITATIONS

User profiles for krinanthi gdonteli

Department of Sport Management, University of Peloponnese

https://scholar.google.com/citations?pli=1&authuser=2&user=u4u0i4MAAAAJ

REVIEWER

Journal "Leisure Studies", Taylor & Francis, UK.

European Academy of Management (EURAM) Annual Conference 2020 (from 3 February to 6 March 2020)

European Academy of Management (EURAM) Annual Conference 2021 (from 31 January to 10 March 2021)

International Journal of Human Movement and Sports Sciences (2021-22)

PARTICIPATION IN RESEARCH PROGRAMS

2013-14: Participation as a member of the research team "e-TEAMS: Electronic Environment for Organization and Management Sporting Groups and Facilities" of the General Secretariat on Research and Technology.

PARTICIPATION IN SCIENTIFIC AND ORGANIZATIONAL CONFERENCE COMMITTEES

2019: Member of the Organizing Committee of the 25th World-wide IASL Congress, December 13-14, Athens

https://www.sportslawacademy.com/index.php/committees-25th-iasl-congress/organizing-committee-25th-iasl-congress

2020: President of the Organizing Committee of the 1st i-conference titled: "Modern challenges and opportunities in sports"
University of Peloponnese, Department of Sport Management, 6/7/2020
http://isportmanagement.gr/index.php/activities/colloquium/123-activities/259-i-imerida

PRESENTATIONS IN CONGRESSES AND SEMINARS

2010 up to present: I have given several seminars for students, athletes, coaches, and business executives on the topics:

- "Stress management in the exams"
- "Coping stress in sports"
- "Imagery and self-talk"
- "Attention and concentration"
- "Setting goals, principles of communication and leadership"
- "Motivation and achievement"
- "Working stress, burnout and mobbing",
- "Aerobic exercise: the key to health and well-being"
- "Physical activity and control of stress"
- "The role of music in physical activity."
- "Sport Management"

- "Crisis Management in Education"
- "Smart Working (SW) in sports organizations after the spread of the pandemic"

I have given lectures in the course "Optimizing Operational Capacity of the Fighter" at the Hellenic Military Academy (eighth semester) about "Applications of Sport Psychology in the Armed Forces".

- 2023 **Gdonteli, K.** (2023). Contemporary principles and elements for the organization and management of sports centers. Sport and sustainable development: The contribution of sports scientists to local quality of life. Scientific Conference of the Panhellenic Association of Graduates of Physical Education, Athens, May 27, 2023.
- 2023. Bakopoulou, A., Pantazi, D., & Gdonteli, K. (2023). SWOT analysis of the indoor public swimming pool of the city of Lamia, Greece. International Scientific Conference "New Perspectives and Contemporary Challenges in In Sports Professions" TODA University of Peloponnese, Sparta Greece, 31st of March-2nd of April 2023.
- 2023. Anagnostopoulou, I., Avgerinou, V., & **Gdonteli, K.** (2023). *The social association of social capital with sports consumption*. International Scientific Conference "New Perspectives and Contemporary Challenges in In Sports Professions" TODA University of Peloponnese, Sparta Greece, 31st of March-2nd of April 2023.
- 2023. Gerou, E., **Gdonteli, K.,** & Kipreos, G. (2023). *Evaluation of swimming programmes of the inclusion of students with disabilities by physical education teachers in primary schools.* International Scientific Conference "New Perspectives and Contemporary Challenges in In Sports Professions" TODA University of Peloponnese, Sparta Greece, 31st of March-2nd of April 2023.
- 2023. Andrakakou, A., Mouzopoulos, G., Stringas, A., & **Gdonteli, K.** (2023). *Quality of life and functional ability of tyrack and field athletes with lower limb ambutation.* International Scientific Conference "New Perspectives and Contemporary Challenges in In Sports Professions" TODA University of Peloponnese, Sparta Greece, 31st of March-2nd of April 2023.
- 2023. Stella, A., Papadopoulou, S., & **Gdonteli, K.** (2023). *Technology in Human Resource Management*. *International Scientific Conference* "New Perspectives and Contemporary Challenges in In Sports Professions" TODA University of Peloponnese, Sparta Greece, 31st of March-2nd of April 2023.
- 2023. Karaiskos, L., Mantzouratos, G., & **Gdonteli, K**. (2023). *Use of ICT in Education*. International Scientific Conference "New Perspectives and Contemporary Challenges in In Sports Professions" TODA University of Peloponnese, Sparta Greece, 31st of March-2nd of April 2023.
- 2023. Bakopoulou, A., Pantazi, D., & Gdonteli, K. (2023). Options of parents of children with autism spectrum disorders for inclusive education: parental involvement in school and communication. International Scientific Conference "New Perspectives and Contemporary Challenges in In Sports Professions" TODA University of Peloponnese, Sparta Greece, 31st of March-2nd of April 2023.

- 2023. Raftogiannis, I., & Gdonteli, K. (2023). Esports Governance: Possibility of creation an Esports Federation in Greece. International Scientific Conference "New Perspectives and Contemporary Challenges in In Sports Professions" TODA University of Peloponnese, Sparta Greece, 31st of March-2nd of April 2023.
- 2023. Troupkou, A., Stringas, A., & **Gdonteli, K.** (2023). Views and perceptions of teachers of parallel support and physical education on invisible disabilities. International Scientific Conference "New Perspectives and Contemporary Challenges in In Sports Professions" TODA University of Peloponnese, Sparta Greece, 31st of March-2nd of April 2023.
- 2022 Panagos, A., Gdonteli, K., & Kipreos, G. (2022). The Logistics of a road running race in the Peloponnese region. 22nd Congress on Sport and Recreation Management. The Hellenic Scientific Association for Sport Management & Recreation (HSASMR), Thessaloniki Greece, 25-27 November 2022.
- 2022 Gdonteli, K., Pantazi, D. & Athanasopoulou, P. (2022). Non-fungible Token: A new approach to sports management. 22nd Congress on Sport and Recreation Management. The Hellenic Scientific Association for Sport Management & Recreation (HSASMR), Thessaloniki Greece, 25-27 November 2022.
- 2022 **Gdonteli, K**. (2022). Esports in the modern sports environment. 9th International Congress, Panhellenic Association of the Sports Press, Ancient Olympia, International Olympic Academy, Greece, 9-12 October 2022.
- 2022 **Gdonteli, K.** (2022). The effect of olive oil consumption on sport performance. 1st International Olive Conference and Festival, Lesvos, Greece, 23-25 September 2022.
- 2022 **Gdonteli, K.** & Athanasopoulou, P. (2022). "Effects of Service Quality on Live Spectators' Constraints in a Mega Esports Event". 10th International Conference on Contemporary Marketing Issues, Naxos, Greece, 8-10 July 2022.
- 2022 Athansopoulou, P., **Gdonteli, K.,** & Giovanis, A.N. (2022). Service attributes affecting football fans' satisfaction evidence from online review comments on social media. 10th International Conference on Contemporary Marketing Issues, Naxos, Greece, 8-10 July 2022.
- 2021 Zorzou A., Zorzou I., **Gdonteli K.,** Bebetsos E., & Laios A. (2021). "Who is the Greek football fan". E Poster in 29th International Congress on Physical Education & Sport Science. www.icpess.gr Online Conference 14 16 May, Komotini, Greece
- 2021 **Gdonteli, K**., Gavriilidou, E., & Chatzigianni, E. (2021). "Application of Smart Working in Sports Organizations after the Spread of the Pandemic". 29th

- International Congress of Physical Education and Sport Science, www.icpess.gr Online Conference 14 - 16 May, Komotini, Greece
- 2021 Zorzou, A. & **Gdonteli, K.** (2021). "The Identity of sports spectators in Greece". EURAM 2021 Reshaping capitalism for a sustainable world. Online Annual Conference, in collaboration with UQAM-ESG (Canada, Montreal), 16 18 June.
- 2021 Zorzou A., & **Gdonteli K.** (2021). "Which are the motivations for watching Volleyball matches in Greece", 6th Congress in Sports Science. Athens University, School of Physical Education and Sports Science, Bridging research with practice, Training-Performance-Health. Online Conference, June 25-27, Athens, Greece
- 2021Gavriilidou, E., Perrea, A., & **Gdonteli, K.** (2021). "Investigation of Service Quality in a leading Esports event in Greece". 6th Congress in Sports Science. Athens University, School of Physical Education and Sports Science, Online conference, June 25-27, Athens, Greece
- 2020 **Gdonteli, K.,** Antonopoulou, P., Travlos, A. & Kipreos, G. (2020). *Esports in Greece: Amateur participants' constraints in a leading Esport event in Greece.* EURAM 2020. Online Conference, 4-6 December. Trinity Business School, Dublin, Ireland.
- 2020 **Gdonteli, K.,** Antonopoulou, P., Alexopoulos, P., & Kipreos, G. (2020). *The necessity of organization and proper administration of Esports in Greece*. 28th International Congress of Physical Education and Sport Science, Komotini, Greece
- 2020 **Gdonteli, K.,** Gavriilidou, E., Stella, A., & Kipreos, G. (2020). *Esports event organization for people with disabilities: necessity and conditions.* 20th Conference in Sports Management and Recreation. January 24-26, Thessaloniki, Greece
- 2019 Gavriilidis, G., & **Gdonteli, K.** (2019). *Issues of personal civil liability of the Board of Directors of sports related entities in Greece*. 25th World-wide IASL Congress, December 13-14, Athens 2019, Greece
- 2019 **Gdonteli, K.** (2019). *Esports in Olympic Games: a global trend and prospects.* 25th World-wide IASL Congress, December 13-14, Athens 2019, Greece
- 2019 Athanasopoulou, P., & **Gdonteli, K.** (2019). Sport Motivation in Outdoor Sport Participants. International conference on strategic innovative marketing and tourism (ICSIMAT 2019), Chios17-21 July 2019.
- 2019 Gdonteli, K., Perrea, A., & Antonopoulou, P. (2019). The importance of

- organizing the internal processes in municipal sports organizations. 27th International Congress of Physical Education and Sport Science, Komotini, May 2019.
- 2019 **Gdonteli, K.,** Gavriilidou, E., & Kipreos, G. (2019). The value of further Employees' training in municipal sports organizations. 27th International Congress of Physical Education and Sport Science, Komotini, May 2019.
- 2018 **Gdonteli, K.,** Gavriilidou, E., & Douka, A. (2018). Detection of amotivation towards participation in a school pilot swimming program in Greece. 150 Greek Congress in Sports Psychology with international participation 14-16 December, University of Athens, Department of Physical Education and Sport Science, Athens
- 2017 **Gdonteli, K.,** & Gavriilidou, E. (2017). Fatigue in military personnel: the role of physical activity. *25th International Congress on Physical Education & Sport Science*, Komotini, Greece
- 2017 Makropoulos, A., **Gdonteli, K.,** Perrea, A., & Kipreos, G. (2017). Risk taking in mountain and road races: a study among amateur athletes. *25th International Congress on Physical Education & Sport Science*, Komotini, Greece.
- 2017Oikonomou, V., Papaloukas, M., Georgiadis, K., & **Gdonteli, K.** (2017). A legal approach to "Sport for All". 25th International Congress on Physical Education & Sport Science, Komotini, Greece.
- 2017 **Gdonteli, K.** (2017). Mild aerobic exercise through dance: the key to good health and well-being. *50th World Congress on Dance Research*, International Council of Dance UNESCO, Athens.
- 2016 **Gdonteli, K.** (2016). Bachelor in Dance in Greece: Necessity and prospects.

 44th World Congress on Dance Research, International Council of Dance-UNESCO, Athens, 29 June 3 July
- 2014 **Gdonteli, K.** (2014). Investigation of performance in Obstacle Course in the Hellenic Military Academy. 1st Congress in Sport Sciences in Armed Forces, Vari, Athens
- 2012 **Gdonteli, K.,** Douka, A., Muscat, A., & Gavriilidis, A. (2012). Sport Motivation in school swimming programs: Differences between students from Greece and Malta. 12th National Congress in Sport Psychology, Athens, Greece
- 2012 **Gdonteli, K.,** Douka, A., & Gavriilidis, A. (2012). Sport Motivation in school swimming and basketball programs. 13th National Congress in Sport Management, and Recreation, Sparta, Greece
- 2011 Douka, A., & **Gdonteli, K.** (2011). Detection of amotivation towards exercise in A Greek School Pilot Swimming Program. *Conference in Research and Applications in Sports Science, Athens, Greece.*
- 2011 Gavriilidis, A., & **Gdonteli, K.** (2011). Psychological constraints among female sport intramural participants and students athletes in basketball. *Conference in Research and Applications in Sports Science, Athens, Greece*
- 2010 Douka, A., Kontogianni, N., & **Gdonteli, K.** (2010). Body Cathexis of the Greek Elite Female Athletes in Aesthetic Sports. 11th National Conference of Sport Psychology with International Participation, Trikala, Greece.

- 2010 **Gdonteli, K**., Douka, A., & Gavriilidis, A. (2010). Psychological Constrains in Academic Sports. 11th National Conference of Sport Psychology with International Participation, Trikala, Greece.
- 2010 Douka, A., **Gdonteli, K.,** Grammatopoulou, E., & Koutsouki, D. (2010). Body Image and Body Cathexis of the Greek Elite Female Athletes in Aesthetic Sports. *World Conference in Psychology, Counseling and Guidance. Antalya, Turkey.*
- 2008 **Gdonteli, K.,** Moundakis, K., Stergioulas, A., & Gavriilidis, A. (2008). Sport Commitment of Greek University Intramural Participants. *16th International Congress of Physical Education, Komotini, Greece*
- 2007 **Gdonteli, K.,** & Moundakis, K. (2007). Service Quality in University Athletic Activities. 8th National Congress on Sport Management, Athens, Greece
- 2007 **Gdonteli, K.,** Mundakis, K. & Gavriilidis, A. (2007). Sport Motivation and Commitment: An evaluation by University intramural participants. *12th European Congress of Sport Psychology, Chalkidiki, Greece.*
- 2007 Gavriilidis, A., **Gdonteli, K.,** & Stavrou, N. (2007). Sport Motivation Scale (S.M.S.):Evaluation between basketball players and sport university intramural participants. 2nd International Congress of Sport Management, Sparta, Greece
- 2007 **Gdonteli, K.,** Moundakis, K., & Konstantinakos, P. (2007). Evaluation of the Sport Motivation Scale on Greek University intramural participants 2nd International Congress of Sport Management, Sparta, Greece
- 2007 **Gdonteli, K.,** Moundakis, K., & Konstantinakos, P. (2007). Evaluation of Service Quality Scale Among Greek University Intramural Participants. 15th International Congress on Physical Education, Komotini, Greece
- 2006 **Gdonteli, K,** Avgerinou, V., & Moundakis, K. (2006). Sport motivation of Greek Students. 7th National Congress of Sport Management, Thessaloniki, Greece
- 2004 Gavriilidis, A., Kakkos, V., Stavrou, N., & **Gdonteli, K.** (2004). Psychological characteristics of adolescent athletes. 3rd International Congress of Sport Psychology, Trikala, Greece
- 2001: Seminar in Peripheral Center of Education with topic of the presentation:

 Music-movement, Traditional Greek Dances and Aerobics in the 1st and 2nd grade of Education.
- 2000: Seminar in Peripheral Center of Education with topic of the presentation: Music-movement in 1st grade of Education.
- 1993: National Congress in Chios Island "Days of Music in Aegean Sea" with topic of the presentation: Dances and Songs in Lesvos Island

CONGRESS AND SEMINAR ATTENDANCE

- 1990 a) Three months seminar in "Autogenous Training"
- 1990 b) 1st National Congress of Sport Psychology
- 1992 a) 2nd National Congress of Sport Psychology
- 1992 b) Three months Seminar in Qualification of Greek Traditional Dance by the Greek Lyceum, ECC, and Ministry of Culture (350 hours)
- 1994 3rd National Congress of Sport Psychology

1998 5th National Congress of Sport Psychology

2002 6th National Congress of Teachers in Physical Education by PEPFA. Seminars in Sport Management, Basketball coaching, Aqua Aerobic and Aerobics, Athens, Greece

2004 3rd International Congress of Sport Psychology, Trikala, Greece 26-28/11/04.

2005 1st International Congress of Sport Management, Sparta, Greece, 3-5/6/05.

2006 7th National Congress of Sport Management, Thessaloniki, Greece

2007 2nd International Congress of Sport Management, Sparta, Greece, 10/6/07.

2007 15th International Congress on Physical Education, Komotini, Greece

2007 12th European Congress of Sport Psychology, Chalkidiki, Greece.

2007 8th National Congress on Sport Management, Athens, Greece

2008 16th International Congress of Physical Education, Komotini, Greece

2010 11th National Conference with International Participation, University of

Thessaly, Physical Education Department, Trikala, Greece.

2011 Conference in Research and Applications in Sports Science, University of Athens, Physical Education Department, Athens, Greece

2012 13th National Congress in Sport Management, and Recreation, Sparta, Greece

2012 12th National Congress in Sport Psychology, Athens, Greece

2014 1st Congress in Sport Sciences in Armed Forces, Vari, Athens

Athens, 2022